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# Isolation and Characterization of Soluble $\beta$ -Amyloid and Apolipoproteins from Cerebrospinal Fluid

N. V. Kudinova, R. C. Beavis, T. T. Berezov, and A. R. Kudinov

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An original method of isolation and purification of soluble  $\beta$ -amyloid and apoproteins from the cerebrospinal fluid of healthy donors is developed. The method consists of purification of high density lipoproteins by centrifugation of cerebrospinal fluid and reverse phase high-performance liquid chromatography of isolated lipoproteins. The obtained  $\beta$ -amyloid and apoproteins from cerebrospinal fluid are characterized immunologically and by mass-spectroscopy.

**Key Words:**  $\beta$ -amyloid; Alzheimer disease; high density lipoproteins; cerebrospinal fluid; protein purification

$\beta$ -Amyloid ( $A\beta$ ) is a major component of amyloid deposits in the cerebral tissue in Alzheimer disease, Down syndrome, and normal aging. Since 1984, when this  $A\beta$  was first discovered, and until recently this protein was regarded as pathological. However, in 1992  $A\beta$  in a soluble form ( $sA\beta$ ) was detected in conditioned media of some cell strains and in the plasma and cerebrospinal fluid (CSF) not only in patients but also in healthy subjects [3,10,12]. The concentration of  $sA\beta$  in the plasma is about 1 ng/ml [10], while in CSF it varies from 4 to 20 ng/ml [9,11,12].

However, simple methods of quantitative isolation of native  $sA\beta$  from biological fluids so far have not been developed, and therefore synthetic analogs are used for evaluating its structural and biological

properties. Isolation of  $sA\beta$  from human plasma and CSF by affinity chromatography and immunoprecipitation with anti- $A\beta$  antibodies has been reported [10,12]. However, these protocols are suitable for analytic rather than preparative purposes. Moreover, these methods require expensive and not always available antibodies. In light of this, the development of a simple method of preparative isolation of  $sA\beta$  is of great importance for understanding the structure and metabolism of this protein and its role in the pathogenesis of Alzheimer disease. It was found that  $sA\beta$  in the plasma and CSF is associated with high density lipoproteins (HDL) [6], which served as the basis for the development of isolation and characterization of native  $sA\beta$  from CSF HDL. Apart from  $sA\beta$ , various apolipoproteins were isolated from HDL. Apolipoprotein composition of CSF is little studied, therefore, we identified these apoproteins using immunoblot analysis and mass-spectroscopy.

Department of Medicine, Pathology and Pharmacology, Medical Center of New York University, USA; Department of Biochemistry, Medical Faculty, Russian University of Peoples' Friendship, Moscow

TABLE 1. Isolation of sA $\beta$  from CSF of Health Donors

Stage of purification	Volume, ml	Total protein	sA $\beta$ , ng	Purification grade, arb. units
Whole CSF	60	21.25 mg	—	0
Ultracentrifugation of CSF at 1.25 g/ml (isolation of HDL)	6	0.25 mg	451	100
First RP-HPLC, 30-min gradient (five fractions 4+5)	2	0.5 $\mu$ g	357	50000
Second RP-HPLC, 60-min gradient (fraction 7)	0.25	—	250	100000

Note. —) below sensitivity limits of the corresponding methods.

## MATERIALS AND METHODS

Cerebrospinal fluid of normolipidemic donors without dementia was obtained from Clinical Laboratory of New York Medical Center. A $\beta$ 1-40 was synthesized by solid-phase method in the Yale University, USA [7]. The following antibodies were used: monoclonal anti-A $\beta$  (6E10, Senetek) [5], anti-apolipoprotein (apo) A-I and polyclonal anti-apoA-II, anti-apoE, anti-apoC-II, and amyloid A antiserum (Calbiochem). Reverse-phase high-performance liquid chromatography (RP-HPLC) was carried out using an C4 analytic column (5  $\mu$ , 4.6 $\times$ 250 mm, Vidac) in a Waters HPLC system.

HDL were isolated from CSF by preparative ultracentrifugation (45,000 rpm, 60 h, 16°C) in a Ti 50.2 rotor (Beckman) [6]. The density was adjusted to 1.25 g/ml with dry KBr (39 g/100 ml CSF). Fraction of floating HDL (1/10 of initial volume)

was dialyzed against water and lyophilized. Aliquots of HDL from CSF (about 50  $\mu$ g protein) were dissolved in 200  $\mu$ l 20% acetonitrile containing 0.1% trifluoroacetic acid and centrifuged for 30 sec in an Eppendorf microcentrifuge at 14,000 rpm. The supernatant was applied to the column [4] and eluted using a linear gradient of 20-80% acetonitrile in 0.1% trifluoroacetic acid for 30 or 60 min at flow rate of 0.5 ml/min and a detection wavelength of 214 nm. The obtained fractions were then lyophilized. Elution profile of the synthetic peptide A $\beta$ 1-40 (5  $\mu$ g) was taken as a chromatography mobility standard of A $\beta$ . Retention factor was specified as:  $k' = (t_R \times t_s) / t_s$ , where  $t_R$  is the retention time or time of elution and  $t_s$  is the  $t_R$  value for unbound substance [4]. Aliquots of each chromatographic fraction were separated by Tris-tricine-SDS 14% polyacrylamide gel electrophoresis under reducing conditions (200 mM dithiothreitol). The gels were stained with Coomassie or the proteins were transferred to Immobilon-P membranes at 400 mA for 2 h in 3-(cyclohexylamino)-1-propanesulfonic acid buffer (pH 11.0, Aldrich) containing 10% methanol. The membranes were incubated in 10 mM Na<sub>2</sub>HPO<sub>4</sub>/150 mM NaCl, pH 7.4, containing 5% dried milk and separated with different secondary antibodies for 16 h at 4°C. Secondary antimouse or antirabbit antibodies (Amersham) were diluted 1:3000 with phosphate buffer containing 0.3% Tween-20, 0.3% dried milk, and 10% glycerin. Fluorograms were prepared using a chemiluminescence reagent (DuPont). The concentration of A $\beta$  was determined densitometrically (PDI Systems). Protein content was measured using Bio-Rad reagent [8]. All RP-HPLC fractions and synthetic A $\beta$ 1-40 peptide were analyzed by laser mass-spectroscopy [1].

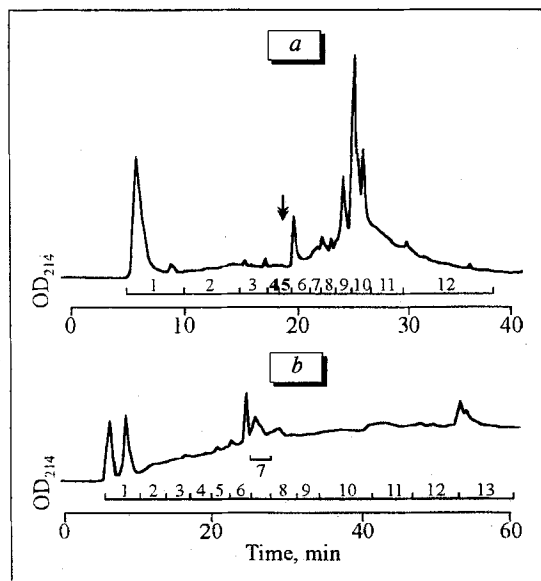


Fig. 1. Reverse-phase high-performance liquid chromatography of high density lipoproteins from cerebrospinal fluid with 30- (a) or 60-min (b) acetonitrile gradient (20-80%). Time of elution of 5  $\mu$ g synthetic A $\beta$ 1-40 peptide (control) is indicated by an arrow. Fraction numbers are indicated under the curves.

## RESULTS

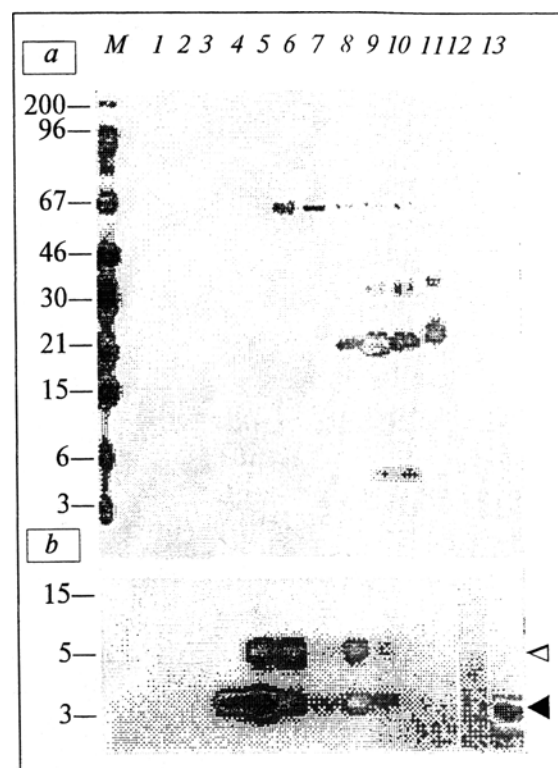
Here we report an original, rapid, and simple method of isolation and purification of native sA $\beta$  and HDL apoproteins. Initially, an HDL fraction containing 1% total proteins and all sA $\beta$  was isolated from the

whole CSF (Table 1) [8]. Then HDL were fractionated by RP-HPLC under conditions of a 30-min acetonitrile gradient (Fig. 1, *a*). All chromatographic fractions were separated by polyacrylamide gel electrophoresis and stained with Coomassie for analyzing their protein spectrum (Fig. 2, *a*). Fractions 8-11 contained 2 main proteins corresponding to apoA-I and apoE. For specific identification of apoproteins and sA $\beta$  gel proteins were transferred to a membrane and immunocytochemically stained with different antibodies. Apoprotein-free fractions 4 and 5 contained about 80% sA $\beta$ , predominantly in the form of a monomer (Fig. 2, *b*, 4-5; 1, *a*;  $k'=1.93-1.96$ ). HDL apoproteins were primarily detected in fractions 8-11 (Fig. 1, *a*;  $k'=2.6-3.52$ ). Isolated apoproteins were analyzed by immunoblot analysis and mass-spectroscopy (Table 2). Apoprotein-containing fractions 8-11 and albumin-containing fraction 6 (Fig. 1, *a*;  $k'=2.1$ ) contained about 20% of sA $\beta$  monomer and dimer. For isolation of pure sA $\beta$  fractions 4-5 from 5 independent chromatographic runs were pooled, lyophilized, and separated by RP-HPLC under conditions of a 60-min acetonitrile gradient (Fig. 1, *b*; Table 1). Immunoblot analysis revealed the presence of the bulk of sA $\beta$  in fraction 7 (Fig. 3, 7; 1, *b*;  $k'=2.96$ ). This fraction was analyzed by mass-spectroscopy (Table 2); the molecular weight of sA $\beta$  strictly corresponded to a molecular weight of synthetic A $\beta$ 1-40 peptide, suggesting that sA $\beta$ 1-40 is the main component of A $\beta$  in HDL from CSF. Similarly to HDL-bound sA $\beta$  [8], sA $\beta$  isolated by us consisted only of monomers (Fig. 3, 7). However, trace amounts of sA $\beta$  di- and monomers were also found in fractions 8-11 (Fig. 2, *b*, 3). Dimerization of sA $\beta$  in the course of RP-HPLC is probably a result of denaturation of HDL by organic solvents and impairment of physiological association between

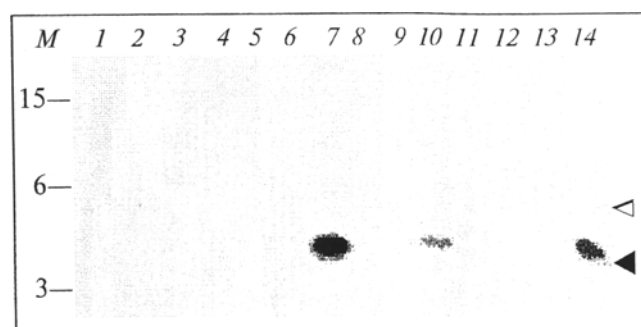
**TABLE 2.** Mass-Spectroscopy of sA $\beta$  and HDL Apoproteins from CSF of Health Donors

HDL apoproteins	Experimental molecular weight, D ( $n=3$ )	Calculated mass, D
sA $\beta$	4326.3 $\pm$ 0.2	4329.8 (4326.6*)
ApoA-I	28075 $\pm$ 4	28076
ApoA-II	17416 $\pm$ 70	17414
ApoC-I	6635 $\pm$ 33	6631
ApoA-III**	8704 $\pm$ 40	8764
ApoE	34647 $\pm$ 115	34183
AAA	11741 $\pm$ 16	11683

**Note.** *n*) number of experiments; \*experimental molecular weight of synthetic A $\beta$ 1-40 peptide; \*\*apoC-II was characterized by immunoblot analysis; AAA) antiserum amyloid A.



**Fig. 2.** Analysis of fractions obtained by reverse-phase high-performance liquid chromatography with a 30-min acetonitrile gradient (20-80%). *a*) electrophoresis of fractions 1-12 in a polyacrylamide gel. *b*) immunoblot analysis of these fractions with monoclonal anti-A $\beta$  (6E10) antibodies. Run 13: 25 ng synthetic A $\beta$ 1-40 peptide. Here and in Fig. 3: dark and light arrows indicates sA $\beta$  monomers and dimers, respectively. *M*: molecular weight standard, kD.



**Fig. 3.** Immunoblot analysis of fractions obtained by reverse-phase high-performance liquid chromatography with a 60-min acetonitrile gradient (20-80%). 1-13: fractions; 14: 100 ng synthetic A $\beta$ 1-40 peptide (positive control).

HDL and sA $\beta$ . This indicates that HDL integrity is important for maintenance of the sA $\beta$  conformation.

Thus, the proposed method is based on a combination of ultracentrifugation and RP-HPLC and allows rapid and effective isolation and characterization of sA $\beta$  and CSF apolipoproteins. This method can be used for preparative isolation of these proteins for a detailed study of their biological and physico-chemical properties.

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